**Contents of HORIZONS 3 Month Questionnaires (Final version)**

# **HORIZONS 202342 3mo Q v2.0 BREAST**

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| The Support You Have Available to You | Medical Outcomes Study (MOS) Social Support Survey | 24-25 |  |
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| Your Lifestyle | **Lifestyle Questions:**   * Body Mass Index (Weight update) * Smoking self-assessment * e-Cigarette use self-assessment * Alcohol intake self-assessment * Godin-Shephard Leisure-Time Exercise Questionnaire * Strength & Resistance Exercise Measure (Speed-Andrews et al) * Fruit & vegetable screening log * Diet * Lifestyle advice or information | 28-33 |  |
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| How You Cope | Self-Efficacy for Managing Chronic Disease (LORIG) + Cancer Survivor’s Self-Efficacy Scale (CS-SES) | 13-14 |  |
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| Patient Experiences of Treatment and Self-management (PETS) | 17-19 |  |
| Use of Complementary and Alternative Medicines | 19 |  |
| Your Use of Health Services | Health service use (Full version) | 20-23 |  |
| Travel costs & expenses | 23 |  |
| The Support You Have Available to You | Medical Outcomes Study (MOS) Social Support Survey | 24-25 |  |
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| Your Social Network Question | 26-27 |  |
| Your Lifestyle | **Lifestyle Questions:**   * Body Mass Index (Weight update) * Smoking self-assessment * e-Cigarette use self-assessment * Alcohol intake self-assessment * Godin-Shephard Leisure-Time Exercise Questionnaire * Strength & Resistance Exercise Measure (Speed-Andrews et al) * Fruit & vegetable screening log * Diet * Lifestyle advice or information | 28-33 |  |
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| How You Cope | Self-Efficacy for Managing Chronic Disease (LORIG) + Cancer Survivor’s Self-Efficacy Scale (CS-SES) | 13-14 |  |
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| Your Experiences of Treatment &  Managing Your Health | Health Education Impact Questionnaire (heiQ) | 15-16 |  |
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| Your Use of Health Services | Health service use (Full version) | 20-23 |  |
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| The Support You Have Available to You | Medical Outcomes Study (MOS) Social Support Survey | 24-25 |  |
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| Your Social Network Question | 26-27 |  |
| Your Lifestyle | **Lifestyle Questions:**   * Body Mass Index (Weight update) * Smoking self-assessment * e-Cigarette use self-assessment * Alcohol intake self-assessment * Godin-Shephard Leisure-Time Exercise Questionnaire * Strength & Resistance Exercise Measure (Speed-Andrews et al) * Fruit & vegetable screening log * Diet * Lifestyle advice or information | 28-33 |  |
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| Quality of Life in Adult Cancer Survivors (QLACS) - Part 1 | 4-5 |  |
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| EORTC QLQ-OV28 (Ovarian Cancer Module) +  Additional EORTC items:   * Headaches (BR24 item 38) * Concern for fertility (NHL-HG29 item 59) * Impact on work & education: Disruption (NHL-HG29 item 57) * Impact on work & education: Problems (NHL-HG29 item 58) * Sexual function: Sexual pain (EN24 item 53) * Sexual function: Vaginal shortening / stenosis (EN24 item 52) | 8-9 |  |
| Body Image Scale (BIS) (items: 1, 3, 4, 5, 6, 7, 8, 10) | 9 |  |
| How You Are Feeling | Hospital Anxiety and Depression Scale (HADS) | 10-11 |  |
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| Your Use of Health Services | Health service use (Full version) | 20-23 |  |
| Travel costs & expenses | 23 |  |
| The Support You Have Available to You | Medical Outcomes Study (MOS) Social Support Survey | 24-25 |  |
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| Your Social Network Question | 26-27 |  |
| Your Lifestyle | **Lifestyle Questions:**   * Body Mass Index (Weight update) * Smoking self-assessment * e-Cigarette use self-assessment * Alcohol intake self-assessment * Godin-Shephard Leisure-Time Exercise Questionnaire * Strength & Resistance Exercise Measure (Speed-Andrews et al) * Fruit & vegetable screening log * Diet * Lifestyle advice or information | 28-33 |  |
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| EORTC QLQ-VU34 (Vulva Cancer Module) +  Additional EORTC QLQ items:   * Aches & Pains (EN24 item 44) * Burden of disease (OV28 item 52) * Burden of treatment (OV28 item 53) * Concern for fertility (NHL-HG29 item 59) * Impact on work & education: Disruption (NHL-HG29 item 57) * Impact on work & education: Problems (NHL-HG29 item 58) * Neuropathy (EN24 item 43) * Radiotherapy-specific adverse effects: Skin problems (OV28 item 47) * Symptoms of the menopause: Hot flushes (BR24 item 37) * Symptoms of the menopause: Night sweats (OV28 item 49) * Worry about future health (NHL-HG29 item 50) * Sexual function: Sexual interest / desire (BR23 item 44) * Sexual function: Satisfaction with ability to reach orgasm (SHQ22 item 5) | 8-10 |  |
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| How You Are Feeling | Hospital Anxiety and Depression Scale (HADS) | 11-12 |  |
| Work & Social Adjustment Scale (WSAS) | 12 |  |
| How You Cope | Self-Efficacy for Managing Chronic Disease (LORIG) + Cancer Survivor’s Self-Efficacy Scale (CS-SES) | 13-14 |  |
| Connor-Davidson Resilience Scale (CD-RISC2) | 14 |  |
| Your Experiences of Treatment &  Managing Your Health | Health Education Impact Questionnaire (heiQ) | 15-16 |  |
| Patient Experiences of Treatment and Self-management (PETS) | 17-19 |  |
| Use of Complementary and Alternative Medicines | 19 |  |
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| Travel costs & expenses | 23 |  |
| The Support You Have Available to You | Medical Outcomes Study (MOS) Social Support Survey | 24-25 |  |
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| Your Social Network Question | 26-27 |  |
| Your Lifestyle | **Lifestyle Questions:**   * Body Mass Index (Weight update) * Smoking self-assessment * e-Cigarette use self-assessment * Alcohol intake self-assessment * Godin-Shephard Leisure-Time Exercise Questionnaire * Strength & Resistance Exercise Measure (Speed-Andrews et al) * Fruit & vegetable screening log * Diet * Lifestyle advice or information | 28-33 |  |
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